

Course Schedule - Spring 2007

Dance

401 ***Alexander Tech for Dancers*** Credit: 1 hours.

Introduces the Alexander Technique: a practical method for changing habitual movement patterns which interfere with coordination, ease, and efficiency of movement. The course focuses on learning the principles through hands-on work, readings, discussions, and application to dance. 1-3 individual lessons outside of class required per term. Prerequisite: Major standing in Dance or consent of instructor

CRN	Type	Section	Time	Days	Location	Instructor
31862	laboratory	A	09:00 AM - 10:20 AM	F	room 110 907 1/2 W Nevada	Nettl-Fiol, R