

Course Schedule - Spring 2008

Kinesiology

168 ***Lifeguard Instructor Training*** credit: 2 hours.

Examines the development of aquatic risk management and advanced rescue techniques as well as a system of lifeguard selection and training. Intended primarily for skilled aquatic personnel with the common goal of creating and maintaining a safe aquatic environment. May lead to American Red Cross certification both Lifeguard Training and Lifeguard Instructor Training. Prior to enrolling in this course, students must have the ability to swim 500 yards continuously, swim 15 yards underwater, and recover a 10 lb. brick from a depth of 12 feet.

CRN	Type	Section	Time	Days	Location	Instructor
41662	laboratory	A1	08:00 AM - 10:50 AM	F	room POOL Freer Hall	Pollok, A